

*Happiness is considered very important in life.*

*Why is it difficult to define?*

*What factors are important in achieving happiness?*

*Give reasons for your answer and include any relevant examples from your own knowledge or experiences.*

Joyfulness is a serious parameter in a human's life that leads to growth and excellence. If one's feels cheerful, he will have a convenient life and this matter affects ~~everyone~~the whole persons in relation to him.

Happiness is very difficult to describe; the definition of cheerfulness varies from person to person and there is no unique description for it. To illustrate, while some people link happiness to economic circumstance, others think that having a good family and well-warm relationship with friends are the main cause of happiness. Besides, some people believe that spiritual paths, rather than a material world, are the only way to achieve true happiness. For this reason, happiness has no specified explanation and it is different between each group of people.

That is to say, although factors such as life and job satisfaction, good health, ~~being-wealthy~~, and a peaceful environment contribute to our contentment, having all of these parameters is not guaranteeing happiness.

Finally, I think we wouldn't derive a sense of satisfaction, if we didn't have some basic preconditions. For instance, consider a person doesn't have a safe place to live and enough food to eat. how can he ~~can~~ feel ~~the joy?~~. Therefore, our basic survival needs must surely be met before we can lead a pleasant life. Furthermore, the greatest joy in life is the sharing of experiences with family and friends, and it is hard to find a person who is content to be in isolation.

In conclusion, finding a precise interpretation of happiness is very difficult to achieve because it is particular/peculiar to each individual. But I believe that two factors such as basic needs and well-close relationship with family are the most important parameters of obtaining happiness.